



Winter Co-Curricular Choices 2024

Sports Choices Years K-5

Ball Skills (Kindergarten only)

Gymnastics

Hockey

Football (Soccer)

Netball

Creative Arts**

Football

Hockey

Netball (Girls Only)

Rugby Union - Boys

Shooting**

**** Indicates these sports have restrictions or specific entry requirements- please refer to information below for more details.**

Students are requested to select ONE full activity and meet all the requirements of that activity (all rehearsals, training sessions and games).

TAS Weights Room

Students Years 6-12 can access the weights room (in addition to their sport choice, not in place of a choice) to help improve Health, Fitness, Strength & Conditioning. Please check the weights room timetable for class times. The TAS Weights Room is open Wednesday to Friday mornings 6.00-7.30am and Monday to Thursday afternoon 3.45-5.15pm.

Sporting Fees

All TAS sports will incur fees for each student. These costs are levied at the end of each term and placed onto accounts. Please note there will be additional entry fees for specific events and activities. MICs will outline these costs when event/competition information is distributed.

Active and Creative Kids Vouchers

Conditions for eligibility and application for Active and Creative Kids vouchers changed on 1 February 2024. For information on the new combined Active and Creative Kids Vouchers please click here:

<https://www.service.nsw.gov.au/active-and-creative-kids-voucher>

JUNIOR SCHOOL Co-Curricular Activity Information Years K-5

For all Junior School Sports information, please contact

Mrs Christine Wright, Junior School Sports Coordinator, at cwright@as.edu.au.

Any applications for exemptions from sport must be directed to both Mrs Wright and Mr Chittenden.

Ball Skills (Kindergarten Only)

Ball Skills will be based around the skills required for games such as tennis, cricket, basketball, and netball. Children will participate in the Monday afternoon training session at TAS. There are no costs associated with Ball Skills.

Football (Soccer)

Training - Mondays

Games - Saturday mornings

Cost - \$100 - \$120 approx.

Equipment required - Shinpads, Football shirt from clothing pool.

Where – Armidale (occasional games in Walcha, Uralla and Guyra)

Teams – From U6 – U12

Football follows the small sided rules with younger teams having fewer players and smaller football fields.

Gymnastics (K-4)

We are very happy to be able to continue our **Monday afternoon** sessions at the Armidale Gymnastics Centre. Gymnastics will only be available for Kindergarten to Year 4 children during Winter.

A per term cost will apply for Gymnastics for each student. The cost will be approx. \$15 per week.

Hockey

TAS Junior Hockey Teams compete in the local Hockey New England (HNE) competitions, offering a range of Junior boys (mixed) and Junior girls, all of which are to be played at the UNE synthetic Turfs. Junior boys (mixed) games will predominantly be played on Monday afternoons, from 4pm sharp. A bus will take students to the UNE turf for these Monday afternoon games that leaves TAS at 3.40pm. U8 & Junior girls U12's play games on a Saturday morning and students need to be delivered to the Turfs at least 20 minutes before their scheduled game to warm up and prepare.

Training will be once a week on a Wednesday afternoon out at the UNE Turfs. A bus will transport all students from TAS that leaves the school at 3.40pm. Training finishes at 4.50pm and students are to be collected at this time from the UNE Turfs.

If students cannot attend Training or Games, an email needs to be sent to your Team Coach prior to the game or training as a matter of courtesy.

All players will be required to complete and pay an online registration with Hockey NSW (includes insurance), plus **approximate** 2023 HNE fees of \$70-\$100 for players under 12. Students playing hockey are also eligible to use their Active & Creative Kids voucher during the registration process.

Link to register: <https://www.revolutionise.com.au/hockeyne/registration>

TAS Sports Uniform is to be worn during games and TAS Tracksuit to and from games and at Training. Girls must wear the TAS navy Skort, which can be purchased from the TAS Uniform shop. If you play for a TAS White Team you will need to wear White Socks, if you play in a TAS Blue team you will need to wear Blue Socks. If you play for a TAS Pink team, you will need to wear Pink socks. Your team Coach will provide more details about this at the start of the season.

Netball

Activity Information and competition format

Players will compete in the local Armidale District Netball Association (ADNA) competition played at the Lynches Road courts. Games will be played on Saturday mornings at 11am or 12pm.

Costs

All players will be required to complete and pay an online registration with the ADNA (includes insurance), 7 - 9 year olds in Set/Go is \$120, and 5 - 6 year olds in Net is \$100. If families are eligible, **Active Kids vouchers must be redeemed at the time of registration**. A small administration charge of \$20 covering TAS club and umpiring fees during the season is included in the registration fee for players aged 7 years and up. If a player is turning 10, then they will be playing in the Primary division and will need to register using the link included below in the Middle/Senior school netball information.

Registration requirements and links

Registration is completed through "playhq". If your daughter has played netball last year you need to use that account. If you have more than one child playing netball you can create an account under your name and register all players under your account.

If eligible, please have your Active Kids voucher ready when registering as we are not able to redeem vouchers after the registration has been completed.

Registration link for **7-9 year olds** <https://www.playhq.com/netball-australia/register/e452b0>

Registration link for **5-6 year olds** <https://www.playhq.com/netball-australia/register/0c63ca>

Uniform requirements

For training sessions, all girls must wear their TAS sports uniform.

Games: all girls 10-18 years old must wear the TAS netball dress, TAS white netball socks and black or navy undershorts that are all available from the P&F Uniform Shop.

Games: all girls 5-9 years old will be provided a TAS netball dress or wear their TAS Sports uniform.

Training Expectations

Training is on Mondays for Junior school. Exceptions to this will only be under negotiation with the Netball MIC.

MIDDLE & SENIOR SCHOOLS

Co-Curricular Activity Information Years 6-12

Creative Arts Year 6-8

Contact: Mrs Clare Sullivan cosullivan@as.edu.au

Students in Year 6-8 are eligible to choose a Creative Arts Activity as their Winter Co-Curricular Activity. Students must be part of the Middle School Production, or an active member of TAS Camerata or TAS Senior Concert Band in order to be exempt from Winter Sport. The Middle School Production will involve two afternoons and Sunday rehearsals. Students in Camerata and Senior Concert Band must attend rehearsals each week and all performances (including the Armidale Eisteddfod). These activities are still available to students participating in a winter sport. Students are reminded that they are required to take part in at least one TAS sport during the course of the year.

Football

Contact: MIC Mr Christian Nexo cnexo@as.edu.au

Football teams at TAS will be in the Northern Inland Association competition. This will involve games played in Armidale with Junior games played Saturday mornings, and Senior games played in the afternoon. Opens womens team will play in a Friday evening competition.

Students in years K-5 will have one training session per week, and students in Years 6-12 will train twice a week, with optional gym sessions available to all MS/SS players.

Playing jerseys will be provided for all players & managed by team coaches. All players must purchase TAS Navy Football playing shorts & socks from the Uniform shop.

Registration fees will vary depending on age, ranging from \$180 to \$250 per person. All charges will be levied at the end of each term and placed on family accounts. Parents are required to register their child online, with all details sent to families after students have made their choices.

Hockey

MIC: Ms Ingrid Steddy isteddy@as.edu.au

The TAS Hockey Club would like to welcome back any existing players as well as invite any new players to try Hockey for 2024. As a club we are looking to open up opportunities for all members of the TAS Community to play alongside our talented student players.

Teams will compete in the local Hockey New England (HNE) competitions, offering a range of Junior boys (mixed), Junior girls and Senior men's and Senior women's competitions, all of which are to be played at the UNE synthetic turfs (& some teams may play at NEGS synthetic turf). Junior boys (mixed) games will predominantly be played on Monday afternoons, U12, U14 and U16 girls teams will play on Saturday mornings. Senior women's games are mostly Saturday afternoons and Senior men's on a Sunday (Seniors can expect an occasional mid-week game as well).

Training will be once a week on a Tuesday afternoon out at the UNE Turfs. A bus will transport all students from TAS that leaves the school at 3.45pm and 4.30pm, depending on your team's training requirements. Boarders will be transported back to school after training. Day Students will need to be collected from UNE after training

sessions at either 5pm or 6pm. Buses are organised for Boarders to get to UNE at other times to play their designated games. Notification of the bus timings will be posted each week.

Students unable to attend Training and/or Games need to email the MIC of Hockey and Cc in their respective Team Coach and Manager so that suitable replacements can be made, at least 3 days prior to games or Training sessions.

All players will be required to complete and pay an online registration with Hockey NSW (includes insurance), plus **approximate** 2023 HNE fees of \$70-\$100 for players under 11, \$200 for U12's, U14's and U16s, through to \$270 for those playing HNE Seniors. There will also be a transport and turf charge at the end of the season. Eligible families with students playing hockey are also eligible to use the Active & Creative Kids voucher during the registration process.

Link to Register: <https://www.revolutionise.com.au/hockeyne/registration>

TAS Sports Uniform is to be worn during games and TAS tracksuit to and from games and at Training. Girls must wear the TAS navy Skort, which can be purchased from the TAS Uniform shop. Please note, if you play for a TAS White Team you will need to wear long White Socks, if you play in a TAS Blue team you will need to wear long Blue Socks. If you play for a TAS Pink team, you will need to wear long Pink socks. Each team Coach and/or Manager will provide you with further details at the start of the season.

Netball

MIC: Mrs Shane Moffitt smoffitt@as.edu.au

MIC Netball Administration: Ms Alice Hudson ahudson@as.edu.au

Activity Information and competition format

Players will compete in the local Armidale District Netball Association (ADNA) competition played at the Lynches Road courts. Games will be played on Saturday afternoons at 12pm, 1.20pm or 2:40pm for the Senior and Middle School.

There will be additional opportunities throughout the season for girls to be selected to play in NCIS competitions, as well as other school girl competitions.

Costs

All players will be required to complete and pay an online registration with the ADNA (includes insurance), 10-17 years is \$170, 18 years and over is \$195. If families are eligible, **Active & Creative Kids vouchers must be redeemed at the time of registration.** A small administration charge of \$20 covering TAS club and umpiring fees during the season is included in the registration fee for players aged 7 years and up.

Registration requirements and links

Registration is completed through playhq. If your daughter has played netball last year you need to use that account. If you have more than one child playing netball you can create an account under your name and register all players under your account.

If eligible please make sure you have the Active and Creative Kids voucher ready when registering as we are not able to redeem vouchers after the registration has been completed.

Registration link for **10-18 year olds** <https://www.playhq.com/netball-australia/register/394a35>

All communication for netball is sent out via TeamApp, so please ensure you are signed up before the start of the season, here are the instructions:

1. Download Team App from the Apple or Google Play app store.
2. Sign up to Team App. You will be sent an email to confirm your registration.
3. Log into the App and search for "Netball - The Armidale School".
4. Choose your applicable access group(s).

5. If you don't have a smartphone go to netballthearmidaleschool.teamapp.com to sign up and view this App online.

Uniform requirements

For training sessions, all girls must wear their TAS sports uniform.

Games: all girls 10-18 years old must wear the TAS netball dress, TAS white netball socks and black or navy undershorts that are all available from the P&F Uniform Shop.

Training Expectations

Training for the Senior competition will be Tuesdays and Thursdays every week. Exceptions to this will only be under negotiation with the Netball MIC.

Rugby Union - Boys Years 7- 12

Director of Rugby: Mr AJ Whalley awhalley@as.edu.au

MIC Rugby Administration: Mrs Rachael Edmonds redmonds@as.edu.au

All boys rugby teams will play in the GPS Rugby fixtures with limited games scheduled in the North West Regional Youth Rugby Competition (NWRYSR). Games will be played Friday evenings or Saturdays in the NWRYSR Competition in Armidale, Inverell & Tamworth, while GPS fixtures will be played at both TAS and in Sydney traditionally on Saturdays. Additional fixtures will also be played against Kinross Wolaroi School, Farrer Memorial and other possible touring teams throughout the season.

Boys will also have the opportunity to try out for the 2023 NCIS Rugby 7s held at TAS in Term 3 at the end of the NWRYSR and GPS Season.

Teams: The outline for teams in 2024 will be:

GPS Fixtures: 1st XV, 2nd XV, 16A, 15A, 14As & 13As

NWRYSR Competition: 1st XV, U16s (Year 9/10), U14s (Year 8), U13s (Year 7).

NCIS 7s: Under 14s, Under 16s

Training: All rugby players will train twice a week with optional sessions available in the weights room. Opens (Year 11 & 12) players will train 3 times a week, including fitness sessions.

Fixtures: Below are key dates for games throughout the season where it is expected all players will be available along with dates for the NWRYSR competition that will be released closer to the start of the rugby season.

4 May 2024	TAS v Kinross (at Coonabarabran)
25 May 2024	TAS v SCOTS PGC Warwick (home)
1 June 2024	GPS Fixtures TAS v Shore (away)
6 June 2024	Dick Hodgson Shield- TAS v Farrer (Tamworth)
15 June 2024	GPS Fixtures TAS v The Kings School (home)
22 June 2024	GPS Fixtures TAS v Sydney Boys High School (home)
27 July 2024	GPS Fixtures TAS v St Ignatius College, Riverview (away)
3 August 2024	GPS Fixtures TAS v Sydney Grammar School (away)
10 August 2024	GPS Fixtures TAS v St Joseph's College (home)
17 August 2024	GPS Fixtures TAS v The Scots College (home)
27 August 2024	NCIS Rugby 7s (home)

Rugby Kit: All players will require a mouthguard, rugby boots and headgear is optional.

Players in Years 7 to 10 will need to purchase a TAS playing jersey, rugby shorts & socks from the TAS Uniform Shop. **Opens (1st & 2nd XV)** players will be provided with playing jerseys and shorts for each game, and will be charged to family accounts at the end of the season when presented with their kit. Year 11 and 12 will be required to purchase TAS rugby socks from the Uniform Shop.

Game Travel: Players will travel in their full TAS formal to and from all fixtures.

Registration: All rugby players must register with Rugby AU for the NWRYP comp, which will incur a fee of approximately \$120 per player.

Costs: In addition to registration with Rugby AU, all charges, including travel, meal costs, NWRYP costs will be levied at the end of the season. Travel to AGGPS fixtures in Sydney will be charged separately, costing \$130-\$140 per person per trip. There will be no discounts available for those travelling via private vehicle to or from any fixtures due to bus booking costs pre-season.

Fixture Logistics: Players will be transported by bus to and from all games, with meals & accommodation (if applicable) also included.

Age/Size Dispensation: NWRYP will not grant dispensation for players wishing to play with their school year group. All players must play in their **age group (U14s, U16s, U18s)**. GPS games- players will play in their Year group (Year 7, 8, 9, 10 or open Year 11 & 12).

Shooting

MIC: Mr David Lawrence dlawrenc@as.edu.au

Shooting is offered to students in Year 9 and above during Winter terms at TAS. Shooting is conducted as small bore (.22 Cal) at the TAS Meadowfield range and full bore (.223 & .308 Cal) at Wollomombi. Students are expected to attend mid-week training at Meadowfield. Full-bore shooting will be scheduled on most Saturday mornings.

Students choosing shooting are expected to be available for selection in the school's GPS shooting squad which will train and compete at the AAGPS shooting premiership, Hornsby during July.

Shooting costs will vary. A small-bore term charge will be applied to school accounts - \$65.

The GPS shooting camp at Malabar is expected to cost approximately \$750.

All students must have a Firearms Minors Permit or be in the process of obtaining one.