



FAQ TAS Sleepout **Saturday 26 August 2023**

Why?

On any single night, 116,000 Australians are homeless. This is our opportunity to help those less fortunate and to try and experience what a single night might feel like.

What is the Program?

Wednesday 9 August

Can donations commence, see list at the bottom of the page, delivered to your Year Co-Ordinator, to be stored in their office.

Friday 25 August

Mufti Day. Students can wear casual clothes, with a beanie to be donated at the end of the day (this is then passed onto the Armidale Neighbourhood Centre)

During lunch, students construct a 'shelter' out of donated cans to be judged with a champion year group named. All cans are then transported to the Community Centre.

Saturday 26 August

The Sleepout at TAS

Where and when do we meet?

We will meet in the Quadrangle at 7:40pm on Saturday 26 August

Where will I sleep?

In 2 different spots at TAS. If you're homeless, quite often you'll have to move around at night, seeking a safe place to rest. Needing to escape violence and the weather will likely necessitate some movement for shelter. So, from 8-11pm we'll be in the Quadrangle, and then from 11pm-7am at the McConville Centre.

What do I bring?

Sleeping bag, pillow and warm clothes. **Please, no phones, no laptops, no electronic equipment, as they are not allowed.**

What will I be sleeping on?

There will be cardboard boxes available for you to shape into a mattress. This is exactly what homeless people must use.

Can I be in a group with my friends?

Yes, of course, this is exactly what it's about, sharing this experience with your peers.

What else will be happening?

The TAS Master Chef will run throughout the night. Working in shifts of 2 hours, groups will be cooking meals for the Armidale Neighbourhood Centre. If you would like to sign up and help, please let Mr Pennington know jpenning@as.edu.au

What about medical support?

TAS staff are trained in first aid and the school nurse will be in attendance.

What meals will be provided?

Hot Chocolate at 11pm (as you move to the McConville Centre) and a BBQ Breakfast on Sunday morning from 7am.

Toilets?

There are Male and Female toilets in both the Quadrangle and at the McConville Centre.

Timings

Timings	Action
6:30pm	D of E Group meet JRP for evening's set-up
7:40pm	Meet in the Quadrangle, collect cardboard boxes
7:50pm	Safety Briefing JRP
8:00pm	Welcome by Dr Horton
8:05pm	Set-up in designated areas/Sleepout Commences
10:30pm	D of E Group prepare Hot Chocolate in McConville Centre
11:00pm	All move to McConville Centre, Hot Chocolate
11:20pm	All settled into spaces within McConville Centre
7:00am	Cardboard is placed in the Tipper Truck by all participants
7:00am	Breakfast served
7:20am	Thank you and time for home/boarding house
7:30am	D of E Group assists JRP in clean-up

What is the cost?

There will be a small charge (\$25) to cover costs for the evening and a donation to St Vincent de Paul, Armidale.

How do we help?

By sleeping out and bringing in donations of tinned food, eg Spaghetti, Baked Beans, Soup and Tuna (please see below).

