

MS/SS Sport	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Basketball						
Opens (Yrs 10 and 11)	Games: The Den	1sts Only GYM 3.45pm-5.00pm Belfield for Weeks 1/2 - Opens Belfield Courts 3.45pm-5.00pm		1sts & 16As GYM Belfield Courts Week 1/2 3.45pm-5.00pm		
Year 8-9		Games: The Den		Belfield Courts 3.45pm-5.00pm		
Year 6-7		Games: The Den	Belfield Courts 3.45pm-5.00pm			
Girls Senior			Games: The Den	Belfield Courts 3.45pm-5.00pm		
Girls Junior		Games: The Den		Belfield Court 3.45pm-5.00pm		
Cricket						
Opens (Years 9, 10 and 11)		Turf Nets & Cricket Oval 3.45pm-5.00pm		Turf Nets/Cricket Oval 3.45pm-5.00pm		
15s (Years 7, 8 and 9)		Synthetic Nets 3.45pm-5.00pm		Synthetic Nets 3.45pm-5.00pm		
13s (Years 5, 6 and 7)	Synthetic Nets 3.45pm-5.00pm		Synthetic Nets 3.45pm-5.00pm			
Futsal						
	MS Courts 3.45pm-5.00pm	Games at PLC Years 7-8	Games at PLC Year 9-10			
Golf						
	Doody Park 3.45pm-5.00pm			Armidale Golf Club 3.45-6.00pm		Sunday: Armidale Golf Club TBC pm
HIIT Classes						
		Weights Room 3.45pm-5.00pm		Weights Room 3.45pm-5.00pm		
Kayaking						
	Croft Dam 3.45-5.15pm		Croft Dam 3.45-5.15pm			
Pilates (TBC)						
		Green Room 3.45pm-5.00pm		Green Room 3.45pm-5.00pm		
Mountain Biking						
	Training Piney & SportUNE 3.45pm-5.15pm		Training Doody Park/ Kookaburra Crest 3.45pm-5.00pm			
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MS/ SS Sport	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rowing						
Junior Girls Yr 8 & 9		Fitness TAS Gym 3.45pm - 5.00pm	Ergs TAS Gym 6.00am - 7.30am	Rowing Malpas Dam 3.45pm - 7.00pm	Rowing Malpas Dam [Every 2nd Wk] 3.45pm - 8.00pm	Rowing Malpas Dam 6.00am - 11.00am
Junior Boys Yr 8 & 9	Ergs TAS Gym 6.00am - 7.30am	Rowing Malpas Dam 3.45pm - 7.00pm		Fitness TAS Gym 3.45pm - 5.00pm	Rowing Malpas Dam [Every 2nd Wk] 3.45pm - 8.00pm	Rowing Malpas Dam 6.00am - 11.00am
Senior Crews Yr 10 & 11 Boys & Girls	Rowing Malpas Dam 3.45pm - 7.00pm	Ergs TAS Gym 6.00am - 7.30am	Optional Fitness TAS Gym 3.45pm - 5.00pm	Fitness TAS Gym 6.00am - 7.30am	Rowing Malpas Dam 3.45pm - 8.00pm	Rowing Malpas Dam 5.30am - 10.30am
Rugby Under 12s						
		3.45pm-5.00pm Backfield		3.45pm-5.00pm Backfield		
Shooting						
	School Range 3.45pm-5.00pm					
Swimming						
		TAS Pool 6.15am-7.15am		TAS Pool 6.15am-7.15am		
Tennis						
		Park Courts & MS Courts 3.45pm-5.00pm		Park Courts & MS Courts 3.45pm-5.00pm		
Triathlon						
		Wakefield 3.45pm-5.00pm	Cycle Session (Optional) 3.45pm-5.00pm	Wakefield 3.45pm-5.00pm		
Volleyball						
	GYM 4.45pm-6.45pm		Dangar 3.45-5.00pm		Volleyball First ONLY GYM 6.30am-7.30am (Wk 3-9)	
Weights Room-Strength and Conditioning						
	3.45pm-5.15pm	6.00am-7.30am 3.45pm-5.15pm	6.00am-7.30am 3.45pm-5.15pm	6.00am-7.30am 3.45pm-5.15pm	6.00am-7.30am	
JUNIOR SCHOOL						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ball Skills	JS Playground 3.45pm-5.00pm					
Basketball	Games 4.00pm-6.00pm The Den (ASC)		Gym 3.45pm-5.00pm			
Cricket- Year 5		3.45pm-5.00pm		3.45pm-5.00pm		Games 8.45am-12.00pm
Gymnastics	Gymnastics Club 3.45pm-5.00pm					
Indoor Hockey	TAS Gym 3.45pm-5.00pm				Games TAS Gym 3.45pm-5.00pm	
Rugby Under 12s		3.45pm-5.00pm Backfield		3.45pm-5.00pm Backfield		
Tennis	Training 3.45pm-5.00pm					